

Contributing to healthy and active communities

'It is time for parents to teach young people early on that in diversity there is beauty and there is strength. We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of that tapestry are equal in value no matter their color.'—Maya Angelou

Within our community, many cultures live together as Australians. Many differences exist and should be celebrated, not discriminated against.

A mandala, like below, is a symbol that represents the universe.

- I. Colour the mandala in a way that represents you.
- 2. Cut out the square and join it together with your classmates' to create a giant mandala to place on a classroom wall.

Every time you look at the artwork you will be reminded that no two people are the same, but our differences make our community beautiful.

