Throwing events



The athletics events in which competitors throw objects are the hammer throw, shot put, javelin and discus throw.

1.	Match each	sentence	beginning	to its er	nd. Use	the picture	clue to	help
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 a heavy metal ball which is supported and pushed from near the neck.

(b) A shot put is ...



a spear about 2.5 metres long.

(c) A discus is ...



 a heavy metal ball attached to a long chain and handle.

(d) A javelin is ...



- a heavy circular disc weighing about two kilograms.
- 2. Use each clue to find a small word in each larger word.
 - (a) hammer (meat from the hind part of a pig)

(b) shot put (having a high temperature)

(c) discus (a round, flat object)



- 3. Circle two two-letter words in 'hammer' and 'discus' and one in 'javelin' using different coloured pencils. Write them below.
- 4. Write as many words using the letters in the word 'shot put' as you can on a blank sheet of paper.

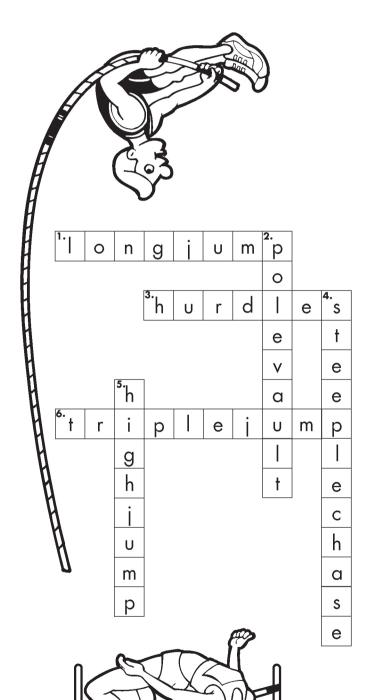
Jumping events



What jumping event am I?

Read each clue, then write where the answer can be found in the crossword. You must include a number and whether it is across or down.

- (a) Competitors run, then jump as far as possible from a take-off point.
- (b) Competitors must jump as far as possible after a hop and a step.
- (c) Competitors must run a distance, jumping over a number of fences along the way.
- (d) Competitors run a long distance, jumping a number of hurdles and water jumps along the way.
- (e) Competitors use a long, flexible pole to jump over a high bar raised between two uprights poles.
- (f) Without any aids, competitors jump over a horizontal bar placed at different heights.



Numbered events



The decathlon is a large athletic event made up of ten track and field events:

- 100-m run
- long jump
- shot put
- high jump
- 400-m run
- 110-m hurdles
- discus throwpole vault
- javelin
- 1500-m run

The event is held over two days and won by the athlete with the highest score overall. Usually only men compete in the decathlon.

The heptathlon is a large athletic event made up of seven track and field events:

- 100-m hurdles high jump
- shot put
- 200-m
- long jump
- javelin throw

Heptathlon

• 800-m run

The event is held over two days and won by the athlete with the highest score overall. Usually only women compete in the heptathlon.

Decathlon

Put a tick in the correct columns to find out what is the same and what is different.



	Docamilon	i iopiaiiiioii
Ten events		
Seven events		
Running		
Shot put		
High jump		
Long jump		
Hurdles		
Discus throw		
Javelin		
Two days long		
Men compete		
Women compete		

Long-distance events



Read and follow each clue to find the name of these Games long-distance events.

START HERE-1				START HERE-2
I am a long running race.	I am an event involving objects.	I am an event involving horses.	I involve jumping obstacles.	I am a long walking race.
5				
		50		
I cover a distance of 100 m.	I cover a distance of about 40 kms.	I cover a distance of 100 km.	I cover a distance of 20 or 50 kms.	I cover a distance of 400 m.
A		6		
9	5 0			
I am a road race.	Only men can compete in me.	Both men and women can compete in me.	Only women can compete in me.	I am a team event.
I am contested in a swimming pool.	I appeared at the first Olympic Games in 1896.	I have strict rules for competition.	I am possibly named after the run of a Greek messenger.	I am contested in an indoor venue.
I am an event included only recently.	Warnings are given using a yellow paddle.	Walkers must not lose contact with the ground or bend their knees.	I am an event which requires speed, not endurance.	I am usually the last event held in the Games.
I am a relay race.	I am the decathlon.	I am the 20-km and 50-km walk.	I am the marathon.	I am synchronised swimming.